

Fall Salad with Pineapple Guava Vinaigrette

3 T pineapple guava puree
1 T shallot, minced
2 tsp Dijon mustard
2 tsp honey
2 T white balsamic vinegar
1/2 cup grapeseed oil
8 oz mixed field greens
1/4 cup pear, julienne
1/4 cup carrots, julienne
salt & pepper to taste
goat cheese crumbles to taste

In a small bowl, combine the pineapple guava puree, shallots, Dijon mustard, honey and white balsamic vinegar. Whisk together quickly, while slowly adding the grapeseed oil until incorporated. In a large bowl, toss together the mixed greens, pears, and carrots. Drizzle the vinaigrette and mix until all the greens are coated evenly. Season with salt and pepper and top with crumbled goat cheese.

