Cocoa Nib and Bee Pollen Smoothie

3 T cocoa nibs
1 T bee pollen
8 oz rice milk
8 oz almond milk
8 oz silken tofu
2 T honey
1 oz crushed dry ice

Combine above ingredients in a blender and mix until smooth. Add dry ice in small batches until smoothie reaches desired thickness. Makes 2-4 servings.

Recipe by Garden Chef Jeff Sigler