

White Chocolate Raspberry Mint Smoothie

6 oz white chocolate
1/2 cup half & half
1 lb raspberries (fresh or frozen)
6 oz Greek yogurt
1/2 cup milk (dairy, soy, almond or rice)
1 oz mint leaves
2 T agave nectar

Place a stainless steel or glass bowl over a pot of boiling water. Melt the white chocolate chips with the half and half in the bowl. Stir occasionally until the sauce becomes smooth, then set aside. In the blender, combine the remaining ingredients and blend until smooth. Add the white chocolate sauce and blend until combined.

Recipe by Garden Chef Christina Curry



ATLANTA BOTANICAL GARDEN