

Dark Chocolate Coconut Shake

1/2 cup dark chocolate morsels

1 cup coconut milk

1 cup chocolate ice cream or chocolate frozen yogurt

1/2 cup coconut flakes

fresh mint & whipped cream, to garnish

In a bowl, combine chocolate morsels and 1/2 cup of coconut milk and place over a pot of simmering water. Allow chocolate and coconut milk to melt together slowly to create a sauce. Stir until smooth. Remove from heat and allow to cool. Combine ice cream, remaining coconut milk, coconut flakes, and chocolate sauce in blender until smooth. Serve with a touch of whipped cream and fresh mint.

Recipe by Garden Chef Christina Curry



ATLANTA BOTANICAL GARDEN