

## Summertime Slushies (serves 4)

- 4 cups fruit** cut into chunks (watermelon, pineapple, mango, peach or other favorite fruit)
- 3 T** fresh lime juice
- ½ tsp** sea salt
- 2 T** agave nectar (or 1 T honey or maple syrup)
- 2-3 cups** coconut water
- 2 cups** ice
- Fresh mint or basil, to garnish**

In a tall blender, place fruit, lime juice, salt, and agave nectar.

Mix until a puree forms.

Add coconut water and ice. Blend all together until smooth and icy cold.

If needed, add a little more coconut water until right consistency is reached.

Taste for sweetness. This will vary depending on the ripeness and the sweetness of the fruit used.

Pour mixture into serving glasses; top with fresh mint or basil.

*Recipe by Garden Chef Amanda Dew Manning*



ATLANTA BOTANICAL GARDEN