

Whipped Cottage Cheese Dip with Roasted Beet

Ingredients

16 oz cottage cheese
1 small roasted beet
1 T extra-virgin olive oil
1/4 tsp onion powder
1/4 tsp garlic powder
Fresh cracked pepper, to taste
Chives or basil, for garnish

Combine all ingredients in a food processor and pulse it for about 30 seconds, until the dip is completely smooth. Serve immediately or refrigerate until ready to eat. Garnish with chives or basil. Serve with veggies, bread or crackers.

Recipe by Garden Chef Megan McCarthy



ATLANTA BOTANICAL GARDEN