

Millet Mango Pudding

Ingredients

1/2 C cooked millet

4-8 dates

1-1 ½ C plant based milk

1 ripe mango, peeled and chopped

Sliced or whole berries for garnish

Method

Using a blender or food processor, combine until smooth. Chill in the refrigerator for at least 2 hours. Serve topped with berries or fresh fruit.

Diwali Recipe by Edible Garden Chef Shobha Swamy



ATLANTA BOTANICAL GARDEN